Lesson Plan2024-2025Class & SectionB.A. I (1st Sem)Name of PaperHistoryAssistant ProfessorDr. Sunil Kumar

July		
Week 4	Indian Knowledge Traditions: Understanding of Bharatvarsha and its Political Contours	
August		
Week 1	Indian Concept of time and Space	
Week 2	The Historical Glory of Ancient Indian Literature: Vedas, Upnishads, Epics, Puranas.	
Week 3	Jain and Buddhist Literature	
Week 4	Ancient Indian Educational System	
September		
Week 1	Indian Perception of Dharma and Darshan	
Week 2	The Concept of Vasudhaiva kutumbakam: Man, Family, Society, and World	
Week 3	Polity and Governance: Concept of Janpada and Gram Swarajya	
Week 4	Salient Features of Indian Arts, Salient Features of Indian Culture	
October		
Week 1	Science, Technology and Mathematics in Ancient India	
Week 2	Health Consciousness (Science of Life): Ayurveda, Yoga and Naturopathy Environmental Conservation: Indian View	
Week 3	Indian Economic Thoughts: Agriculture, Industry, Trade and maritime Commerce	
Week 4	Maps (Political Contours of Ancient Bharatvarsha and Places of Indian Arts in Ancient Times)	
Novembe	November	
Week 1	Maps (Important Janpadas of Ancient India and Maritime Commerce in Ancient India)	
Till	Revision, test work etc.	
exam		

Sunil Kumar

Lesson Plan 2024-2025 Class & Section B.A. I (3rd Sem)
Name of Paper **History** Assistant Professor Dr. Sunil Kumar

July		
Week 4	Decline of the Mughal empire and rise of successor States	
August		
Week 1	British conquest of India a brief survey consolidation of British rule	
Week 2	Administration and foreign policy early resistance and the revolt of 1857 ad	
Week 3	Society of India in the 18th century	
Week 4	The economy of India in the 18th century	
September		
Week 1	Emergence of national Revolutionary movement	
Week 2	constitutional development 1909 to 1935 A.D.	
Week 3	Indian National Congress and National Freedom Movement 1885 to 1947 ad	
Week 4	Revolutionaries	
October		
Week 1	constitutional development 1909 to 1935 A.D.	
Week 2	Emergence of communal and separatist politics	
Week 3	Negotiation for independence	
Week 4	Transfer of power	
November		
Week 1	Class test & Assignments	
Till	Map work and revision test work etc	
exam		

Sunil Kumar

Lesson Plan 2024-2025 Class & Section B.A. I (5th Sem)
Name of Paper **History** Assistant Professor Dr. Sunil Kumar

July		
Week 3	Hunting stage: paleolithic age	
August		
Week 1	Hunting gathering stage mesolithic age	
Week 2	Food producing stage Neolithic age	
Week 3	Sumerian civilization	
Week 4	Egyptian Civilization	
September		
Week 1	Indus civilization	
Week 2	Greek civilization	
Week 3	Roman civilization	
Week 4	Vedic culture	
October		
Week 1	feudalism and church in medieval and	
Week 2	Europe rise of Islam pre-Islamic Arabia	
Week 3	Islamic state under Prophet Mohammed	
Week 4	State under Ummaiyads and Abbasids, Renaissance: rise and its impacts	
November		
Week 1	reformation rise and its impacts	
Till	Map work and revision test work etc.	
exam		

Sunil Kumar

Lesson Plan 2024-2025 Class & Section B.A. I (1st Sem)
Name of Paper Human Values and Ethics Assistant Professor

July		
Week 4	Understanding the need, content and process for Value Education	
August		
Week 1	Classification of Value Education: understanding Personal, Social, and Moral & Spiritual Values; Understanding the difference between ideology and values	
Week 2	Understanding Harmony with self, Society and Nature	
Week 3	Meaning and nature of human values; Significance of human values in life	
Week 4	Relation between values and ethics, Relevance of Human values: Integrity, Empathy, Loksangrah	
September		
Week 1	Brahmvihara, Theory of Nyaya (Jainism), Virtue Ethics	
Week 2	Understanding the relationship among: Self, Identity and Personality	
Week 3	Understanding Integrated Personality – with the three gunas theory of Sankhya, the four Antah-karanas (inner instruments) in Yoga, and Panchkosha (five sheaths) in Upanishad	
Week 4	Approaching comprehensive understanding of well-being and its relation to Happiness	
October		
Week 1	Nature, characteristics and scope of professional ethics	
Week 2	Types of Professional Ethics; Professional Values: Trusteeship, Inclusiveness	
Week 3	Commitment, Sustainability, Accountability, Transparency	
Week 4	Impartiality, Values for Global Citizenship: Equality	
November		
Week 1	Justice, and Human Dignity	
Week 2	Revision and exams	

Sunil Kumar